

HOPE HUSTLE

Every Chance, Every Child, Every Day
5K Charity Fun Run/Walk

Sunday, April 25, 2010
Manito Park near the Duck Pond
Race start time: 9:00 a.m.



Number pick-up & race day registration:

- Noon – 3:00 p.m. Saturday, April 24
Lewis & Clark High School
- 7:30 – 8:30 a.m. at Manito Park on race day

REGISTRATION IS NON-REFUNDABLE AND MUST BE RECEIVED BY APRIL 20, 2010

Adults and kids age 10 and over: **\$15 with shirt**; \$10 without shirt

Kids age 9 and under: **\$5 with shirt**; free without shirt

Late registration (after April 9th) – add \$5

NOTE: All unclaimed shirts will be forfeited after May 3, 2010.

AWARDS & CHARITY: Awards will be given to the 1st, 2nd, and 3rd place overall male and female finishers, and to top age group finishers. All race proceeds will be donated to the Spokane Drug Endangered Children Program.

For more information call/email Christine at 354-7023, christinem@spokaneschools.org or Cathy at 777-4405

Make checks payable to: GSSAC

Mail registration and payment to:

Lewis & Clark High School, c/o Christine Mackleit, 521 W. 4th Ave., Spokane, WA 99204

DETACH AND RETURN LOWER PORTION WITH YOUR CHECK (made payable to GSSAC). PLEASE PRINT CLEARLY.

NAME:		AGE ON 4/25/2010:	
ADDRESS:		GENDER:	
CITY:	STATE:	ZIP:	
PHONE:	EMAIL:		
CHECK ONE: <input type="radio"/> \$15 with shirt <input type="radio"/> \$10 without shirt <input type="radio"/> age 9 and under (\$5 with shirt) <input type="radio"/> age 9 and under (without shirt – FREE)			
T-SHIRT SIZE: (If registration is received by April 9 th) <input type="radio"/> Adult Small <input type="radio"/> Adult Med <input type="radio"/> Adult Large <input type="radio"/> Adult XL <input type="radio"/> Adult XXL <input type="radio"/> Youth Small <input type="radio"/> Youth Med <input type="radio"/> Youth Large			

WAIVER: I know that participating in this run/walk is potentially hazardous. I should not enter unless I am medically able and properly trained. I also assume any and all risks associated with this event including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, snow, ice, rain, or freezing temperatures, and the condition of the roads and traffic, all such risks being known and appreciated by me.

Having read this waiver, and knowing these facts, and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Lewis and Clark High School, Spokane Public Schools, GSSAC, Spokane Drug Endangered Children Program, race director(s), race volunteers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participation in this event. I have read the above statement, I understand it, and my signature confirms its full acceptance.

Signature: _____ **Date:** _____

Parent/guardian signature if under 18: _____ **Date:** _____